

# PROVIDENCE CRISTO REY HIGH SCHOOL

## FEBRUARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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Items offered daily: Cereal(1EA), Muffin & Graham (together-1EA)  
 Variety of Fruit – Banana(1/2C), Orange(1/2C), Apple(1C), Juice(1/2C), Craisins (1/2C)  
 Milk: 1%, fat free

**BREAKFAST**

**LUNCH**

FLAPSTICK 1EA	FRENCH TOAST STICKS 3EA	PANCAKES 2EA	CHICKEN & WAFFLE SANDWICH 1EA	OATMEAL 1/2C
<p><b>13</b>                      CHILI TURKEY DOG 1EA                       BROCCOLI 1/2 C                      BAKED BEANS 1/2 C</p>	<p><b>14</b>                      CHICKEN POT PIE 1/2 C                      BISCUIT 1EA                       MASHED POTATOES 1/2 C                      CARROT STICKS 1/2 C</p>	<p><b>15</b>                      CHEESE PIZZADILLA 1EA                       CORN 1/2 C                      REFRIED BEANS 1/2 C</p>	<p><b>16</b>                      CHEESEBURGER 1EA                       CORN 1/2 C                      SWEET POTATO FRIES 1/2 C</p>	<p><b>17</b>                       ASYNCHRONOUS LEARNING</p>
<p><b>20</b>                       NO SCHOOL                       _____                       PRESIDENT'S DAY</p>	<p><b>21</b>                      NASHVILLE HOT TENDERS 3EA                      CORNBREAD 1EA                       MIXED VEGETABLES 1/2 C                      POTATO WEDGES 1/2 C</p>	<p><b>22</b>                      FISH SANDWICH 1EA                       BROCCOLI 1/2 C                      TOSSED SALAD 1/2 C</p>	<p><b>23</b>                      MEATBALL SUB 5EA                       BAKED BEANS 1/2 C                      BABY CARROTS 1/2 C</p>	<p><b>24</b>                      CHEESE PIZZA 1EA                       GREEN BEANS 1/2 C                      TOSSED SALAD 1 C</p>
<p><b>27</b>                      BBQ CHICKEN ON BUN 3/8 C                       SMASHED SWEET POTATOES 1/2 C                      MIXED VEGETABLES 1/2 C</p>	<p><b>28</b>                      SWEDISH MEATBALLS 5EA                      STEAMED RICE 1/2 C                      WG WHEAT ROLL 1EA                       ROMAINE SALAD 1 C                      AU GRATIN POTATOES 1/2 C</p>	<p><b>1</b>                      BREADED HADDOCK 1EA                      GARLIC BREAD 1EA                       GREEN BEANS 1/2C                      FRESH BABY CARROTS 1/2C</p>	<p><b>2</b>                      SLOPPY JOE ON BUN 3/8 C                       BAKED BEANS 1/2 C                      CARROTS 1/2 C</p>	<p><b>3</b>                      MACARONI &amp; CHEESE 6OZ                      CORNBREAD - 1EA                       TOSSED SALAD 1 C                      MIXED VEGETABLES 1/2 C</p>

**Entrée items offered daily: Turkey & Cheese Sub(2M/2G), PBJ(1M/1G)  
 Fruit offered daily: fruit cups(1/2C), bananas(1/2C), apples(1C), oranges(1/2C)**

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MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

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## FEBRERO

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
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Artículos ofrecidos diariamente: Cereal (1EA), Muffin & Graham (juntos-1EA)  
 Variedad de frutas: plátano (1/2 taza), naranja (1/2 taza), manzana (1 taza), jugo (1/2 taza), pasas (1/2)  
 Leche: 1%, sin grasa

**BREAKFAST**

**LUNCH**

PANQUEQUES 2EA	PALITOS DE TOSTADA FRANCESA 3EA	PALILLO 1EA AVENA 1/2 C SÁNDWICH DE	AVENA 1/2 C	SÁNDWICH DE POLLO Y WAFFLE 1EA
13 CHILE PAVO PERRO 1EA  BRÓCOLI 1/2 C FRIJOLES AL HORNO 1/2 C	14 PIE DE POLLO 1/2 C GALLETA 1EA  PURÉ DE PATATAS 1/2 C PALITOS DE ZANAHORIA 1/2 C	15 PIZZADILLA DE QUESO 1EA  MAÍZ 1/2 C FRIJOLES REFritos 1/2 C	16 HAMBURGUESA CON QUESO 1EA  MAÍZ 1/2 C PATATAS FRITAS DULCES 1/2 C	17 APRENDIZAJE ASINCRONICO
20 _____  DIA DE LAS PESIDENTES	21 TENDENCIAS CALIENTES DE NASHVILLE 3 EA PAN DE MAÍZ 1EA  VEGETALES MIXTOS 1/2 C CUÑAS DE PATATA 1/2 C	22 SANDWICH DE PESCADO 1EA  BRÓCOLI 1/2 C ENSALADA MEZCLADA 1/2 C	23 ALBÓNDIGAS SUB 5EA  FRIJOLES AL HORNO 1/2 C ZANAHORIAS BEBÉS 1/2 C	24 PIZZA DE SALCHICHA DE PAVO 1EA  JUDIAS VERDES 1/2 C ENSALADA MEZCLADA 1 C
27 POLLO A LA BARBACOA EN BOLLO 3/8 C  PATATAS DULCES MACHACADAS 1/2 C VEGETALES MIXTOS 1/2 C	28 ALBÓNDIGAS SUECAS 5EA ARROZ AL VAPOR 1/2 C ROLLO DE TRIGO WG 1EA  ENSALADA ROMANA 1 C PATATAS GRATINADAS 1/2 C	1 EGLEFINO EMPANADO 1EA PAN DE AJO 1EA  JUDIAS VERDES ½ C ZANAHORIAS BEBÉS ½ C	2 SLOPPY JOE EN BOLLO 3/8 C  FRIJOLES AL HORNO 1/2 C ZANAHORIAS 1/2 C	3 MACARRONES Y QUESO 6OZ PAN DE MAÍZ - 1EA  ENSALADA MEZCLADA 1 C VEGETALES MIXTOS 1/2 C

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