

Academic Success Group Resource for Students

The goal of this worksheet to is to help students create a plan of how to get academically back on track with realistic and practical goals and steps to execute their plan. This resource is used by Ms. Holmes for PCRHS students in Academic Success Groups (ASG). But, any student can use this as needed. A common saying Ms. Holmes uses in ASG to motivate students to plan is this quote, "If you fail to plan, you plan to fail. But, if you succeed at planning, your plans will succeed." So, let the SUCCESSFUL PLANNING BEGIN so that you will see the results you want at the end!!

If you have any additional questions when creating your plan, feel free to reach out to Ms. Holmes for support.

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S.M.A.R.T. Goals For (Name): _____

Date: _____

Crafting S.M.A.R.T. Goals are designed to help you identify if what you want to achieve is realistic and determine a deadline. When writing S.M.A.R.T. Goals use concise language, but include relevant information. These are designed to help you succeed, so be positive when answering the questions.

Initial Goal (*Write the goal you have in mind*):

1. Specific (*What do you want to accomplish? Who needs to be included? When do you want to do this? Why is this a goal?*)

2. Measurable (*How can you measure progress and know if you've successfully met your goal?*):

Action Steps to do this:

3. Achievable (*Do you have the skills required to achieve the goal? If not, can you obtain them? What is the motivation for this goal? Is the amount of effort required on par with what the goal will achieve?*):

4. Relevant (*Why am I setting this goal now? Is it aligned with overall objectives?*):

5. Time-bound (*What's the deadline and is it realistic?*):

S.M.A.R.T. Goal (*Review what you have written, and craft a new goal statement based on what the answers to the questions above have revealed*):
