

Monday

Sep 7

Tuesday

Sep 8

Mango Yogurt Parfait
Yogurt Single Serve Cup
Cinn Toast Crunch Cereal
Honey Cheerios Cereal
Apple Cinnamon
Nutri-Grain Bar
Strawberry Nutri-Grain Bar
Assorted Fresh Fruit
Orange Wedges
Apple
Apple Juice
1% Milk
Skim Chocolate Milk
Lactose Free 1% Milk

Wednesday

Sep 9

Chicken Biscuit
Yogurt Single Serve Cup
Cinn Toast Crunch Cereal
Honey Cheerios Cereal
Strawberry Nutri-Grain Bar
Assorted Fresh Fruit
Banana
Apple
Apple Juice
1% Milk
Skim Chocolate Milk
Lactose Free 1% Milk
Cholula Hot Sauce Packet

Thursday

Sep 10

Blueberry Muffin
Yogurt Single Serve Cup
Cinn Toast Crunch Cereal
Honey Cheerios Cereal
Strawberry Nutri-Grain Bar
Assorted Fresh Fruit
Apple Slices
Apple
Apple Juice
1% Milk
Skim Chocolate Milk
Lactose Free 1% Milk

Friday

Sep 11

Sausage & Cheese Sandwich
Yogurt Single Serve Cup
Cinn Toast Crunch Cereal
Honey Cheerios Cereal
Strawberry Nutri-Grain Bar
Assorted Fresh Fruit
Banana
Apple
Apple Juice
1% Milk
Skim Chocolate Milk
Lactose Free 1% Milk

Sep 14

Pancake and Sausage
on a Stick
Yogurt Single Serve Cup
Cinn Toast Crunch Cereal
Honey Cheerios Cereal
Strawberry Nutri-Grain Bar
Assorted Fresh Fruit
Apple Slices
Apple
Apple Juice
1% Milk
Skim Chocolate Milk
Maple Syrup
Lactose Free 1% Milk

Sep 15

Peach Smoothie
Yogurt Single Serve Cup
Cinn Toast Crunch Cereal
Honey Cheerios Cereal
Strawberry Nutri-Grain Bar
Assorted Fresh Fruit
Orange Wedges
Apple
Apple Juice
1% Milk
Skim Chocolate Milk
Lactose Free 1% Milk

Sep 16

Gravy
Scrambled Eggs
Tater Tots
Yogurt Single Serve Cup
Cinn Toast Crunch Cereal
Honey Cheerios Cereal
Strawberry Nutri-Grain Bar
Assorted Fresh Fruit
Banana
Apple
Apple Juice
1% Milk
Skim Chocolate Milk
Lactose Free 1% Milk
Cholula Hot Sauce Packet

Sep 17

Bagel
Yogurt Single Serve Cup
Cinn Toast Crunch Cereal
Honey Cheerios Cereal
Strawberry Nutri-Grain Bar
Assorted Fresh Fruit
Apple Slices
Apple
Apple Juice
1% Milk
Skim Chocolate Milk
Lactose Free 1% Milk
Cream Cheese
Strawberry Cream Cheese Cup
Honey Packet
Jelly
Margarine Cup

Sep 18

Breakfast Burrito
Yogurt Single Serve Cup
Cinn Toast Crunch Cereal
Honey Cheerios Cereal
Strawberry Nutri-Grain Bar
Assorted Fresh Fruit
Banana
Apple
Apple Juice
1% Milk
Skim Chocolate Milk
Lactose Free 1% Milk

Sep 21

Pancake and Sausage
on a Stick
Yogurt Single Serve Cup
Cinn Toast Crunch Cereal
Honey Cheerios Cereal
Strawberry Nutri-Grain Bar
Assorted Fresh Fruit
Apple Slices
Apple
Apple Juice
1% Milk
Skim Chocolate Milk
Maple Syrup
Lactose Free 1% Milk

Sep 22

Blueberry Yogurt Parfait
Yogurt Single Serve Cup
Cinn Toast Crunch Cereal
Honey Cheerios Cereal
Apple Cinnamon
Nutri-Grain Bar
Strawberry Nutri-Grain Bar
Assorted Fresh Fruit
Orange Wedges
Apple
Apple Juice
1% Milk
Skim Chocolate Milk
Lactose Free 1% Milk

Sep 23

Chicken Biscuit
Yogurt Single Serve Cup
Cinn Toast Crunch Cereal
Honey Cheerios Cereal
Strawberry Nutri-Grain Bar
Assorted Fresh Fruit
Banana
Apple
Apple Juice
1% Milk
Skim Chocolate Milk
Lactose Free 1% Milk
Cholula Hot Sauce Packet

Sep 24

Chocolate Muffin
Yogurt Single Serve Cup
Cinn Toast Crunch Cereal
Honey Cheerios Cereal
Strawberry Nutri-Grain Bar
Assorted Fresh Fruit
Apple Slices
Apple
Apple Juice
1% Milk
Skim Chocolate Milk
Lactose Free 1% Milk

Sep 25

Sausage & Cheese Sandwich
Yogurt Single Serve Cup
Cinn Toast Crunch Cereal
Honey Cheerios Cereal
Strawberry Nutri-Grain Bar
Assorted Fresh Fruit
Banana
Apple
Apple Juice
1% Milk
Skim Chocolate Milk
Lactose Free 1% Milk

Sep 28

Pancake and Sausage
on a Stick
Yogurt Single Serve Cup
Cinn Toast Crunch Cereal
Honey Cheerios Cereal
Strawberry Nutri-Grain Bar
Assorted Fresh Fruit
Apple Slices
Apple
Apple Juice
1% Milk
Skim Chocolate Milk
Maple Syrup
Lactose Free 1% Milk

Sep 29

Mixed Berry Smoothie
Yogurt Single Serve Cup
Cinn Toast Crunch Cereal
Honey Cheerios Cereal
Strawberry Nutri-Grain Bar
Assorted Fresh Fruit
Orange Wedges
Apple
Apple Juice
1% Milk
Skim Chocolate Milk
Lactose Free 1% Milk

Sep 30

Gravy
Scrambled Eggs
Tater Tots
Yogurt Single Serve Cup
Cinn Toast Crunch Cereal
Honey Cheerios Cereal
Strawberry Nutri-Grain Bar
Assorted Fresh Fruit
Banana
Apple
Apple Juice
1% Milk
Skim Chocolate Milk
Lactose Free 1% Milk
Cholula Hot Sauce Packet

Oct 1

Bagel
Yogurt Single Serve Cup
Cinn Toast Crunch Cereal
Honey Cheerios Cereal
Strawberry Nutri-Grain Bar
Assorted Fresh Fruit
Apple Slices
Apple
Apple Juice
1% Milk
Skim Chocolate Milk
Lactose Free 1% Milk
Cream Cheese
Strawberry Cream Cheese Cup
Honey Packet
Jelly
Margarine Cup

Oct 2